

Improving the oxidative stability of guts from cod filleting by antioxidant dipping - a route to better seafood side-stream utilization

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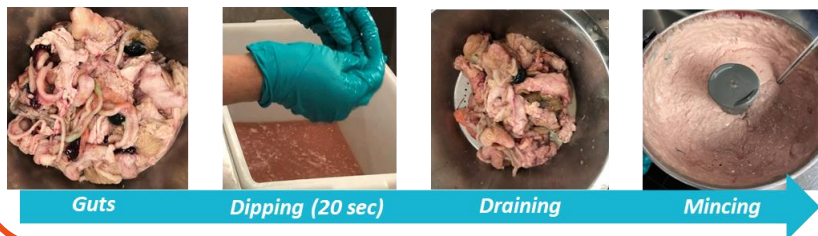
INTRODUCTION & AIM

- ➔ Growing interest for sustainable food production
- ➔ Cod filleting industry up to 60% of the weight ends up as side-streams, e.g. guts, heads and frames
- ➔ The majority of these side-streams ends up as low value products for feed
- ➔ To increase utilization for food applications, new preservation solutions are needed to maintain a high quality of the side-stream
- ➔ To evaluate the effect of antioxidant dipping of cod guts on the oxidative stability during subsequent storage
- ➔ Selection of antioxidants was based on earlier findings with commercial formulations of rosemary extracts for preservation of herring solid side-streams (Wu et al., 2020).

EXPERIMENTAL DESIGN

Raw material: Gut from cod filleting (July 2020; Royal Greenland)

Dipping treatments: No dipping, 0.9% NaCl, 2% Duralox MANC (rosemary preparation fortified with ascorbic acid, α -tocopherol and citric acid) in 0.9% NaCl, 0.05% Lipophilic rosemary extract in 0.9% NaCl, 0.2% Lipophilic extract in 0.9% NaCl



Storage: Short term (5°C, 7 days) and long term (-20°C, 6 months)

Effect of antioxidant treatment: Peroxide value (PV), tocopherols and TBA-reactive substances (TBARS)

Other analyses: Free fatty acids (FFA), Oil %, Protein % & Dry matter

RESULTS & CONCLUSION

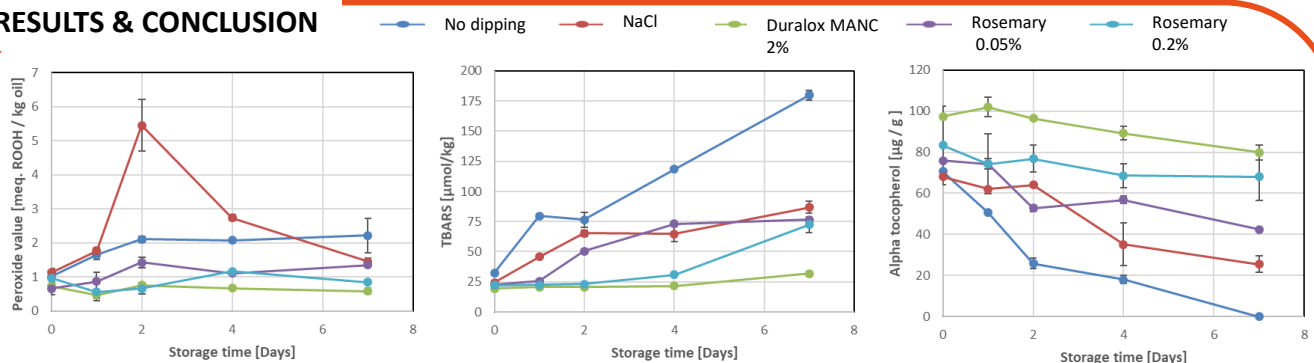


Figure 1. PV, TBARS and alpha tocopherol measured at different time points [Days]. Sample code and curve colour is described above the figure.

- ➔ Duralox MANC (Green curve) inhibited the formation of PV throughout storage, TBARS inhibited for 4 days and lowest consumption of tocopherol
- ➔ Rosemary extract 0.2% (Turquoise curve) also inhibited formation of PV. TBARS only inhibited for 2 days and low consumption of tocopherol
- ➔ Rosemary extract 0.05% (Purple curve) inhibited formation of PV compared to control (Blue curve) and NaCl (Red curve), however, formation of TBARS and consumption of tocopherols similar to NaCl treatment
- ➔ For the control (Blue curve), PV and TBARS already increased after 1 day and all tocopherol consumed after 7 days of storage

Conclusion: Positive effect of the antioxidant dipping on the oxidative stability of cod guts (PV, TBARS and tocopherol); Duralox MANC most efficient

Reference: Wu, H., Ghirmal, S., & Undeland, I. (2020). Stabilization of herring (*Clupea harengus*) by-products against lipid oxidation by rinsing and incubation with antioxidant solutions. *Food Chemistry*, 316, 126337

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